



# Motivational Learning in Inspirational Environments





**Monday 23rd Oct:** arrive at school usual time - depart around 10am

**Friday 27<sup>th</sup> Oct:** return to Village Car Park around 1.45pm (Leave BP 1pm)

# Why are we going?

- ✓ Face challenges
- ✓ Teamwork
- ✓ Learn new skills
- ✓ Develop resilience
- ✓ Develop self confidence
- ✓ Independence - learning to tidy up after ourselves!
- ✓ Have FUN!!!



# The Centre



**Bewerley Park Centre, Nidderdale**



Real outdoor learning for over 70 years





# Dorms



Shared dormitory accommodation







# The Daily Routine



# BEHAVIOUR

- As expected at school
- Following instructions
- Working together and supporting others
- Code of Behaviour
- Both parents and children have signed the Code of Conduct

**Time to get out there!**



# Activities

## Scrambling or rock climbing at Brimham Rocks



# Zip wire and ropes courses



# Orienteering

Orienteering



Working in teams



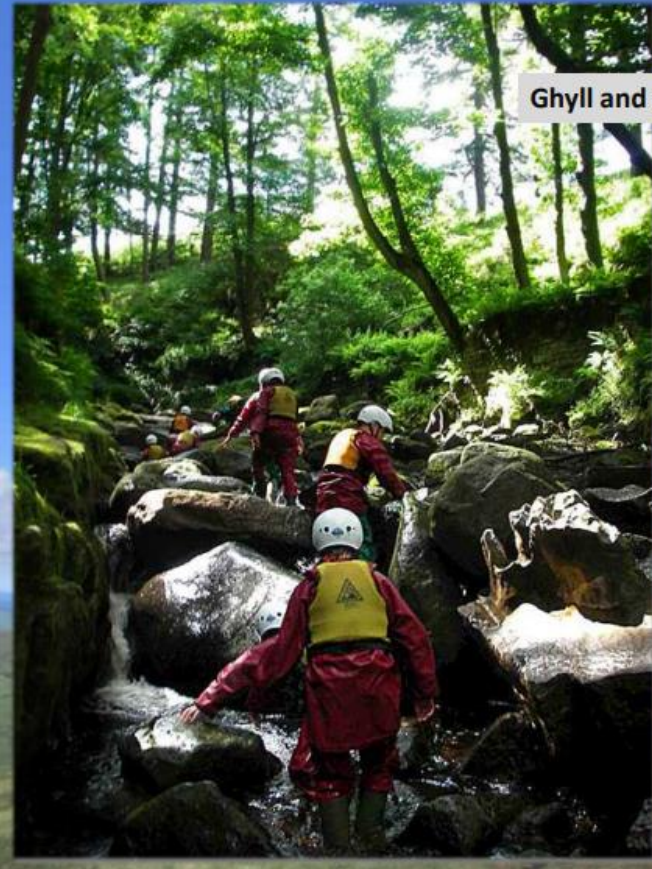
# Canoeing



# Gorge Scrambling



Ghyll and gorge scrambling







**Shelter building and bushcraft**





# Mine Exploration



# Safety:

All instructors are:

- Experienced
- Well qualified
- Registered with the Adventure Activities Licensing Authority

## Night Activities:

- Talent Show
- Alien Game - Night Orienteering
- Film
- Common room and tuck shop



**Night Walks**



**Blindline**



**Common room**



## What to bring:

- ✓ Pack own bags using equipment list - label as much as possible
- ✓ At least 4 bin liners!
- ✓ Bag/case you can carry - **WHEELS!**
- ✓ A small rucksack for day activities
- ✓ Centre will provide all waterproofs, walking boots and wellies, plus any specialist equipment

# What to bring:

- ✓ Jeans just for evenings
- ✓ No aerosols, straighteners, mobile phones, iPods, etc.
- ✓ Maximum of £10 for Tuck Shop - in coins if possible
- ✓ Medication - clearly labelled and handed to teacher on the Monday morning

### CLOTHES FOR ACTIVITIES

- 3 pairs thick socks & 3 pairs thinner socks (not trainer socks)
- 3 to 4 long sleeved fleece/hoodie/jumper/warm top
- 3 to 4 trousers (No Jeans), tracksuit bottoms or doubled-up leggings are ideal
- Warm/waterproof gloves or mitts, warm hat, scarf/buff/snood and/or sun hat
- Swimming costume
- Waterproof jacket or coat (you will be provided with a full set of water proofs when you get here too but it is nice to have your own if its good)
- 3 or 4 warm shirts / T-shirts / thermal tops (avoid cotton)
- 2 pairs of trainers - 1 for normal use + **1 old pair for wet activities**



### OTHER ESSENTIALS

- Several changes of underwear
- Socks (for when not on activities)
- 2 good-sized towels
- Personal medication
- Plasters for blisters
- Toiletries, etc. \*
- Sun block - Factor 30 minimum /sun hat
- Sunglasses
- Drinks Bottle (1 litre min)
- Pyjamas or night-clothes
- Casual clothes for evenings



### USEFUL ITEMS

- Wellington boots
- Torch + spare batteries
- Small daysack
- Writing materials
- Books/playing cards
- Lypsyl or lip salve (all year)
- 2/3 black bin liners
- Pocket money
- Cuddly Toy
- CDs
- Flip Flops (for the shower)





Excerpts from Bewerley website...

### **Will you make me do something I am scared about?**

Sometimes it is worth trying hard to do something you really don't feel like doing! We don't want you to go back and wish that you had done something. We will always be with you to help you overcome fears, but at the end of the day we wouldn't make you do something if you are really unhappy about it.

### **Will my child be supervised at all times?**

Yes, but....

There are times when it is judged appropriate for remote supervision eg. During an orienteering session when skills are built up in order for students to map read independently. Each situation is judged according to ability of students and the surrounding environment. School staff are responsible for supervision outside of activity sessions. We believe strongly in encouraging young people to become more responsible for themselves.

## **Does my child need any special equipment purchased before the trip?**

Definitely not! All specialist equipment is provided. The best clothing to pack is old clothes and ability to layer up with jumpers/fleeces/hoodies – stuff that doesn't matter if it gets wet or muddy!

## **What happens if the weather is bad?**

Each day the programme of activities is looked at and the weather conditions affecting that environment are taken in to account. A collaborative decision between our staff and the school staff is made based on the groups' ability and environmental conditions.

## **My child only eats certain things ... will they be hungry? Do I need to send special dietary items for them?**

Our kitchen staff are accustomed to special diets eg. Coeliac, Kosher, Halal, diabetic. If you are at all concerned about special dietary needs you are welcome to ring and talk to the kitchen bursar. If your child is unlikely to like many of the food choices we will firstly encourage them to eat as energy levels are important, however if they refuse to eat the choices available we will find something alternative for them to eat.



Bewerley Park Centre

[www.outdoored.co.uk](http://www.outdoored.co.uk)



**North Yorkshire**  
**Outdoor Learning Service**