

Characteristics of Effective Learning



Characteristics of Effective Learning

Active Learning - Motivation

Keeping on trying

I believe that if I keep trying or change what I'm doing, it will pay off.

I stick with an activity even when challenges arise.

I am really pleased when I meet my own goals.

I am able to bounce back after difficulties.

I can keep focussed on my activity for a period of time.

Enjoying achieving what I set out to do



I am able to show high levels of energy and fascination.

I am proud of how I've accomplished something, not just the end result.

I enjoy meeting challenges and not just as a way of getting praise.

Being involved and Concentrating

I am able to pay attention to details.

I am not easily distracted.

Creating and Thinking Critically

Having my own ideas

I am able to think of ideas.

I am able to find new ways to do things.

I can develop ideas of grouping, sequencing, cause and effect.

I can find ways to solve problems.

Making Links

I am able to test my ideas.

I am able to make predictions.

I make links and notice patterns in my experience.

I am able to review how well my approach worked.

I can change my approach or strategy when needed.

Choosing ways to do things

I am able to check how well an activity is going.

I can plan, choose how to approach a task, solve a problem and reach a goal.

