



**Embsay  
School**

# Embsay Echo

**Spring Term 2024**

**Friday 1st March**

## LIFE IN ALL ITS FULLNESS

Dear Parents / Carers

March has arrived and it is starting to feel like spring is in the air! It is slowly getting lighter at the start and end of the day and I heard the first calls of the curlew this week.

Before half term, we appointed two new administrators, **Mrs Hopwell** and **Mrs Croft-Mann**. They will commence once the necessary checks have taken place. In the meantime, we are being supported by **Mrs Crangle** an experienced school administrator who has worked at another NYCC school recently. She will be in the office most days between 9.30 and 2.30. Please be mindful that the office might not be available during other times and the best way to contact the school is via email on [admin@embsay.n-yorks.sch.uk](mailto:admin@embsay.n-yorks.sch.uk) and we will endeavour to respond in a timely manner. Thanks for your ongoing support with this matter.

Have a lovely weekend ahead!

Mr T. Whitehead

Interim Executive Headteacher

### Keighley & Craven Schools Cross Country Series 2023-2024

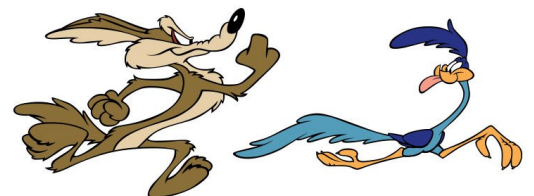
Well done on all the runners that took part in the final event (but first for Embsay) of the Keighley Schools' Cross Country event at Marley Playing Fields.

There were some excellent individual performances and it was fantastic to see so many children running.

The results, photos and final positions can be seen by clicking on website link below.

[Keighley and Craven Schools | Cross Country League 2023 – 2024](https://www.keighleyandcraven.co.uk/cross-country-league-2023-2024)  
(wordpress.com)

I am hoping this will be an event that Embsay can continue to support moving into the 24/25 season.



## Parent Forum – Wednesday 13<sup>th</sup> March

At Embsay Primary School, we value parental feedback and engagement with the provision and issues affecting SEND across the school. Given the recent changes in SEND Leadership this year, we also feel it is vital that we reach out to the wider school community, building new bridges and affording parents and carers the opportunity to meet staff and understand who is responsible for the SEND provision at Embsay.

As I am currently in the process of updating our school SEN Information Report, I would also very much appreciate your feedback and opinions on our current SEND provision and related topics, as well as give you the opportunity to ask questions relating to SEND provision that you may have.

To do this, I have organised a SEND Parent Forum on Wednesday 13<sup>th</sup> March at 9am – following school drop off. This will give you the opportunity to ask those questions and provide feedback on our SEND Provision. I would like to add that this is regarding general provision and is not an opportunity for direct questions relating to your child's provision. If you would like to discuss your own child, we can organise an individual meeting to do so.

I appreciate not everyone will be able to attend at that time, however I have created a Microsoft Forms link which will allow you to submit your questions and comments, detailing whether you will be able to attend or not:

<https://forms.office.com/e/SByT4P0mWE>



A summary and feedback of the Parent Forum will be created after the meeting, so you are able to see responses to your questions and feedback and understand how we have addressed those items.

In the interim, may I take this opportunity to thank you for your continued support.

Kindest Regards,  
Julia Sanderson (SENDCo)

## Neurodiversity



There are many different types of neurodivergent brain.

Often, people are a mix of more than one neurotype.

This isn't even all of them.



## Neurodiversity Celebration Week 2024

This half term we will be celebrating Neurodiversity week. Neurodiversity Celebration Week is a worldwide initiative that challenges stereotypes and misconceptions about neurological differences. It aims to transform how neurodivergent individuals are perceived and supported, by providing schools with the opportunity to recognise the many talents and advantages of being neurodivergent, while creating more inclusive and equitable cultures that celebrate differences and empower every individual.

We will spend the week learning, talking and celebrating neurodiversity. If there are any parents, carers, family or friends of children and families in school who would like to share their experiences of neurodiversity you would be very welcome!

The school is putting in place an ongoing rolling programme of training around neurodiversity and so far this academic year have had training in ADHD and classroom and learning adaptations for Key Stage 2 children. We will be receiving training in sensory circuits, attachment and trauma, selective mutism and Zones of Regulation.

If you have any questions or comments, please feel free to email Ms Sanderson via the school office or [senco@embsay.n-yorks.sch.uk](mailto:senco@embsay.n-yorks.sch.uk)

**Even if your own child does not have a neurodivergent brain, please take the time to learn and understand your children's friends. We celebrate neurodiversity at Embsay CE VC School!**

### Teach me about SPOON THEORY

NeuroWild

Everyone has a limited number of **SPOONS** to spend each day.

Different things cost different amounts of spoons.

It's a good idea to be careful with your spoons... because once your spoons are used up, that's it for the day!

NeuroWild

Some days I have to spend my spoons on things that are not very fun.

And I don't have enough spoons for the things that I like.

NeuroWild

When I've run out of spoons...

I get sad easily

I get angry more quickly

I find it hard to do things

I just have nothing left.

NeuroWild

## Comic Relief

For Comic Relief the children will be selling cakes and buns on the playground at the end of the school day (Friday 15th March).

They would really appreciate donations of buns to sell! Please bring into school on the morning of the 15th March)

If you would like to buy a bun from the children you can make payment directly to Comic Relief here. [Comic Relief 2024 \(parentpay.com\)](https://www.comicrelief.org.uk/parentpay)



## **World Book Day: Thursday 7th March — Cosy Up With A Book**

This year the theme of World Book Day is "Read Your Way". We are inviting children and staff to come to school dressed in their pyjamas or comfy clothes and bring in their favourite book. Throughout the day the children will be able to share their books with classmates and children in other year group. Reverend Marion will also be visiting each class to share her favourite book and spend some time with each year group. Other activities will include a Live Book Day webinar, footy and book quiz and other book related class activities. Each child will bring home a £1 book token which can be used to get one of 12 new £1 books for free or get £1 off a full-price book, with bookshops and major supermarkets taking part.



## **Parent / Carer Consultations**

**Monday 18th—Wednesday 20th March**

This half term we will be holding parent and carer consultations in school. We will send out details for booking slots in the coming weeks. Please be aware it is difficult for teachers to accommodate slots outside of these times due to their teaching and training commitments before and after school. If you are unable to attend in person at the allocated times you can request a telephone call with your child's teacher by booking a time slot and stating in the notes that you would like a telephone call instead of face to face. Thank you for your support and cooperation with this.

Parents and carers of children with an IEP will be offered a double appointment or alternative appointment on a different day. This is to allow time to talk through targets on the plan.

A yellow sticky note with handwritten text in black ink.

Don't forget  
parents'  
evening!

Dear Parent / Carers,

As part of our Anglo-Saxon topic this half-term, Year 5 will be having an Anglo-Saxon Day on **Thursday 21<sup>st</sup> March**.

We will be reciting plays and stories the children have written and sampling some Anglo-Saxon cooking. Known allergies and dietary requirements will be taken into consideration.

The children are invited to dress as Anglo-Saxons if you/they wish. This could be done by simply wearing a very large t-shirt, or even a hessian sack with holes cut in, over trousers or shorts with a string, fabric or leather belt over the top. A cloak could also be made from a blanket. Perhaps last year's Egyptian day costumes could be adapted slightly to look more Saxon! Please see the images below, or last year's pictures on the website for inspiration.

If you have any more questions regarding the Anglo-Saxon day, please do not hesitate to contact Mr Hardman.



## Tree planting

Our dream to plant some trees on the field started about two years ago when the current Year Six class wrote letters to the Duke of Devonshire to explain how important they felt it was to create further habitats for wild-life, and shade for ourselves. Over half-term, three beautiful native trees were planted: English Oak, disease resistant Wych Elm and Small-leaved Lime. They were very generously and kindly donated, and planted, by a local family. We are looking forward to enjoying them in all seasons and are truly grateful for the donation for this and future generations.

*“In nature, nothing is perfect and everything is perfect. Trees can be contorted, bent in weird ways, and they’re still beautiful.”*

Mrs Crompton



# PTA News

## PTA Easter Egg Raffle and non school uniform

All children are invited to wear none school uniform next Friday 8th March).

Instead of a monetary contribution for this, children are asked to donate an Easter egg/Easter themed sweets for use in our Easter raffle

Raffle tickets will be available to purchase from 5th March on ParentPay. Families are able to purchase 1 raffle ticket per child (minimum donation of £1

The raffle will be drawn in classes on 22nd March - a prize is guaranteed for all children





# Spring Term 2024

*There will be other dates that will be added to the diary as the term progresses, please keep an eye on emails and Newsletters.*

**Thursday 7th March**—World Book Day—Children are invited to bring their favourite book into school and come to school in pyjamas for our "cosy up with a book" - more details to follow

**Monday 11th March**—Reception Open Classroom—2.40pm

**Tuesday 12th March**—Year 4 Open Classroom—2.40pm

**Wednesday 13th March**—Y5 Open Classroom—2.40pm

**Wednesday 13th March**—Y6 Grow A Pound Open Classroom—3.20pm

**Thursday 14th March**—Crucial Crew—Y6

**Friday 15th March**—Red Nose Day—Non Uniform—Wear an item of red

**Friday 15th March**—Y3/Y4—Sports Trilogy—Sandylands

**Friday 15th March** – Easter Eggstravaganza (PTA event)

**Monday 18th March**—Whole school Easter Service @ St Mary's Church— AM

**Monday 18th March**—Parent Consultations 3-7pm (Whole School)

**Tuesday 19th March**—Parent Consultations 3-7pm (Year 3 only)

**Wednesday 20th March**—Parent Consultations 3-7pm (Whole school excl Yr3)

**Friday 22nd March**—End of Spring Term

**Friday 28th June** – Summer Fayre (PTA event)





# Stars of the Week...



<b>Reception</b>	<i>Respect Award — Rupert</i> <i>Achievement Award — Stanley / Isabelle</i>
<b>Year 1</b>	<i>Respect Award — Lily</i> <i>Achievement Award — Christopher / Evie</i>
<b>Year 2</b>	<i>Respect Award - Cora</i> <i>Achievement Award — Sophia nry M</i>
<b>Year 3</b>	<i>Respect Award — James</i> <i>Achievement Award — Jake</i>
<b>Year 4</b>	<i>Respect Award — Henry</i> <i>Achievement Award — Billy / Skyler</i>
<b>Year 5</b>	<i>Respect Award — Poppy</i> <i>Achievement Award — Joshua / Rose</i>
<b>Year 6</b>	<i>Respect Award — Jaya</i> <i>Achievement Award — Matthew</i>

## Extra Curricular Clubs this week

Monday	
Tuesday	Taekwondo—3.20– 4.20pm
Wednesday	Coding Club—3.20-4.30pm
Thursday	Kanga KS1 —3.20-4.20pm Rugby—3.20-4.30pm (final session)



Our end of half term newsletter will be  
Friday 22nd March 2024

**E safety News**—Our monthly e safety newsletter has also be sent home today. Please take some time to read. If you have any questions then please do get in touch.

# Digital Wellbeing at School



Digital wellbeing can relate to how the use of digital technology including personal devices, social media and other apps can affect an individual's life. It can be affected by many things, such as how long we spend on devices, how we behave online, how we interact with others, how others interact with us, what we expose ourselves to, what we're influenced by and how we use technology to achieve desired outcomes. Much like general wellbeing, it can contribute to other areas such as our overall physical and mental health.



## Supporting Digital Wellbeing

Children and young people may be introduced to technology from a very young age so it's important to know what can support them with their digital wellbeing. This can include:



- 1 Effective time away from devices
- 2 Healthy and appropriate expression online
- 3 Positive influences and interactions
- 4 Critical thinking around information and online harm



## Poor Digital Wellbeing

There are still behaviours in children and young people that can contribute towards poor digital wellbeing. Some of these include:

- 1 An over-reliance on technology
- 2 Exposure to abuse or online harm
- 3 Poor online/ offline balance
- 4 Negative influences or social interaction



## What Can Schools Do?

Digital wellbeing plays an important part in the overall health of your school community. Understanding how technology, apps, online platforms and other spaces can affect students, staff and parents is hard, but consider the following ways to support digital wellbeing at school.

- 1 Encourage appropriate breaks away from devices
- 2 Create safe spaces for individuals to talk through concerns
- 3 Encourage the use of parental controls and filtering options for apps where necessary
- 4 Appropriate offline activities in school
- 5 Have staff maintain a good understanding of trends and popular apps
- 6 Develop a school community approach towards online critical thinking
- 7 Explain what harmful online content is and ways it can present itself
- 8 Making the community aware of online reporting routes



To find out more about Digital Wellbeing visit the SWGfL hub:  
[swgfl.org.uk/topics/digital-wellbeing/](http://swgfl.org.uk/topics/digital-wellbeing/)

or scan the QR code



## Further Support

**Professionals Online Safety Helpline:** [saferinternet.org.uk/professionals-online-safety-helpline](http://saferinternet.org.uk/professionals-online-safety-helpline)

**Harmful Sexual Behaviour Support Service:** [swgfl.org.uk/harmful-sexual-behaviour-support-service/](http://swgfl.org.uk/harmful-sexual-behaviour-support-service/)

**Report Harmful Content:**  
[reportharmfulcontent.com](http://reportharmfulcontent.com)



NOMINET

# Hands-on History Heritage Workshops

**3 FREE** artist-led, drop-in workshops.

At Craven Arts House, 55 Otley Street, Skipton

**#visitskipton**



**2pm – 4pm Sunday  
3rd, 10th and 17th March 2024**

Find out about Skipton's hidden treasures.  
Join in with fun, creative activities based on  
Skipton Civic Society's String of Beads  
heritage trail, on the **What Was Here?** app.  
Open to all ages, family-friendly.



Historic England



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# EASTER CAMPS 2024

Awarded LTA UK Club of the Year | Reception to Age 12

TENNIS | FOOTBALL | MULTISPORTS

**Week 1** : Mon, 25 – Thu, 28 Mar

**Week 2** : Tue, 02 – Fri, 05 Apr

**Drop off** : FREE from 8:30am

**9:00am - 3:30pm** : £25 / day

**3:30pm - 5:00pm** : £5 / day



SCAN  
TO BOOK



## UNRIVALLED FACILITIES :

Club House | 5 Tennis Courts | Padel Court  
Grass Fields | 4G All-Weather Pitch | Sports Hall

BOOK YOUR PLACE ONLINE AT [skiptontennis.com](https://skiptontennis.com)

**SKIPTON  
TENNIS CENTRE**

07875 643780

info@skiptontennis.com

www.skiptontennis.com



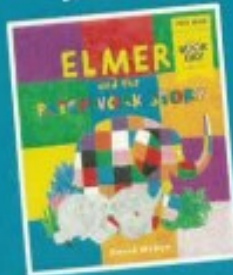
WORLD  
**BOOK  
DAY**

7 MARCH 2024

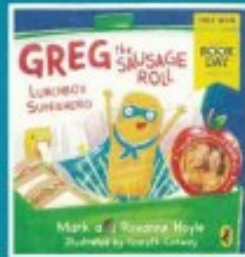
# WORLD BOOK DAY

CELEBRATE  
ON 7 MARCH  
2024

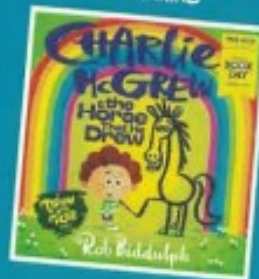
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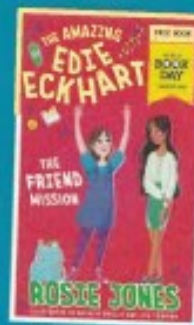
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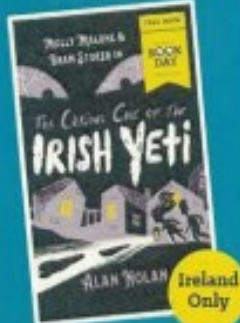
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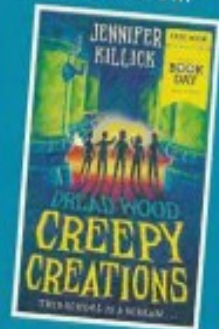
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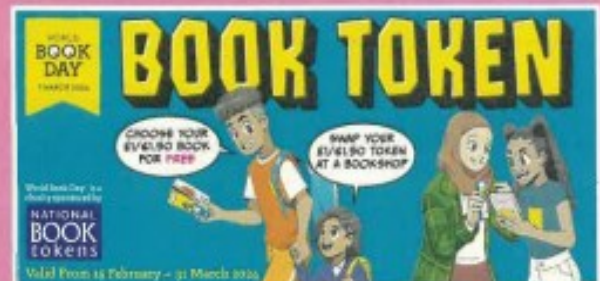
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INDEPENDENT



Books available in shops from 15 February until 31 March 2024

Choose a brilliant book  
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World Book Day £1/€1.50  
book token.



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Illustrated by Viki Thomas



# Embsay Cricket Club

Welcomes New Junior Cricketers  
For School Years 5 to 8 (inclusive)

Weekly Training Starts

Monday 26th February to 29th April

6.30 - 7.30pm at Ermysted's Grammar School

No kit required - just wear sports clothes  
and bring a drink!

Come along or, for more information, contact:

Duncan Bullough

Email: [d.bullough@bullough.co.uk](mailto:d.bullough@bullough.co.uk)

Mob: 07960 408178

