



**Embsay
School**

Embsay Echo

Spring Term 2024

Friday 2nd February

LIFE IN ALL ITS FULLNESS

Dear Parents / Carers

February is finally here! Although January seemed very long this half term has flown by. Next Friday we will break up for the February half term and you will receive the end of half term round up looking back over Spring One. You will also be sent the Parent curriculum plans, looking forward to all that Spring Two will bring. We are hoping for brighter weather and looking forward to the lighter nights.

Have a fantastic weekend ahead!

Mr T. Whitehead

Interim Executive Headteacher

Keighley & Craven Schools Cross Country Series 2023-2024

I am inviting KS2 Embsay pupils to take part in the Keighley and Craven Schools Cross Country events this year. The final two events are taking place on the following dates and at the following locations.

Thurs 8th February 2023 Cliffe Castle—3.15pm primary

Weds 28th February 2023 Marley Playing Fields - 3.45pm primary

Please see separate letter sent for further details.



Children's Mental Health Week 5th–11th February 2024

Next week, all children in school will create a 'What Matters to Me' picture. They will bring this home to share with you. It would be great if you could ask them the following questions: Why does this matter to them? What matters most to them? Does anything that matters to them, also matter to you?

You can get further guidance on how to support your child with their mental health [here](#).

Here's what children and young people told us they need from you:

- ① We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- ② I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- ③ Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- ④ Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- ⑤ Don't compare my experiences to your own when you were a child.
- ⑥ Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- ⑦ Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- ⑧ If you are open with me about your feelings, this can help me to be more open about mine.
- ⑨ Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- ⑩ Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

📄 For primary children: bit.ly/3PzCGI8

📄 For secondary children: bit.ly/3LBD2wK

Useful courses and info for parents

Please find information for parents from NYCC regarding upcoming courses. They advise to book ASAP. Many courses will be repeated in April & June

[Unlocking SEMH for Parents/Carers | NYES Info](#)

[Unlocking ADHD for Parents/Carers | NYES Info](#)

[Unlocking Autism for Parents & Carers 2 Day Course | NYES Info](#)

[Unlocking Autism Plus Modules for Parents & Carers - Girls & Autism | NYES Info](#)

[Unlocking Autism Plus Modules for Parents & Carers - PDA | NYES Info](#)

[Unlocking Autism Plus Modules for Parents & Carers - Selective Mutism | NYES Info](#)

[Unlocking Autism Plus Modules for Parents & Carers - Identity & Autism | NYES Info](#)

Useful NYSCP video [here](#).

Requests

Reception Class would love any toy boats, pirate toys, space toys, rockets and marbles that are unwanted.

Thanks

Outdoor Learning Afternoon—Year 1

Please can Year One come wearing appropriate clothes and wellies in a bag next Thursday. Please check ParentPay for further details .



Pancake Day Fun!

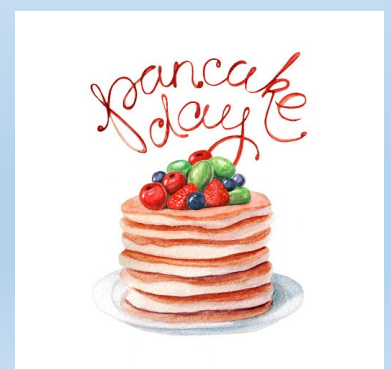
Mr Whitehead would like to start a new tradition at Embsay. He will be making pancakes with all children in school on Friday 23rd February. Unfortunately, Pancake Day falls during half term.

If you are able to donate ingredients, please send an email to the office by Monday 19th February to let us know what you will be bringing in on Friday 23rd February. This will help us keep a track of what we need more or less of.

Suggested donations— eggs, flour, milk, butter, oil.

Toppings—sugar, honey, syrup, lemons, lemon juice, bananas, strawberries or other suitable fresh fruit.

A reminder we are a nut aware school and products containing nuts will not be used.

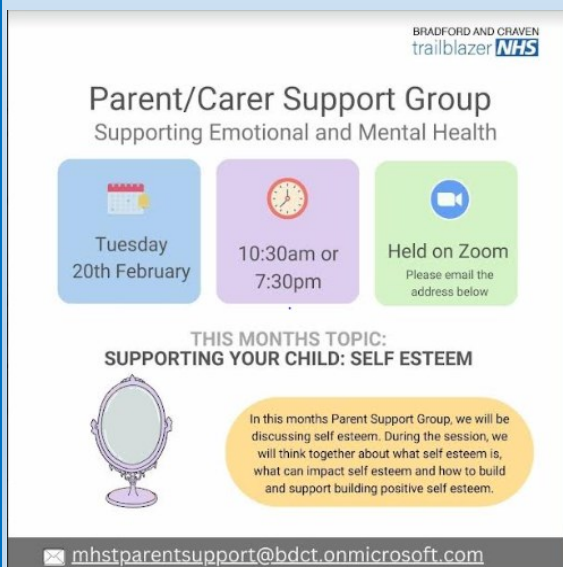


Parent Support Group

The Parent Support Group is an online group, facilitated by NHS mental health practitioners. The group is a safe space for parents to get together, share their experiences and build positive relationships. A different subject is discussed each month and parents will receive useful information and strategies around the chosen monthly topic.

The topic this month is: Supporting Your Child—Self Esteem.

If parents are interested in attending, please contact the team at: mhstparentsupport@bdct.onmicrosoft.com



BRADFORD AND CRAVEN
trailblazer NHS

Parent/Carer Support Group
Supporting Emotional and Mental Health

Tuesday
20th February

10:30am or
7:30pm

Held on Zoom
Please email the
address below

THIS MONTHS TOPIC:
SUPPORTING YOUR CHILD: SELF ESTEEM

In this months Parent Support Group, we will be discussing self esteem. During the session, we will think together about what self esteem is, what can impact self esteem and how to build and support building positive self esteem.

mhstparentsupport@bdct.onmicrosoft.com

Useful Information for Parents and Carers

SENDIASS stands for Special Educational Needs and Disabilities Information Advice and Support Service.

It's a free, impartial, and confidential service offering information to young people with special educational needs and disabilities (SEND) and to their parents and carers

Polite request—Start of The School Day

A Polite reminder that school opens at 8.45am and children should arrive between 8.45 and 9am, when the gate will close. Children should not be arriving at school earlier than 8.45. Thanks for your understanding and cooperation.





Tuesday 6th February is Safer Internet Day. We teach online safety as part of our Computing and PSHE curriculum but we will be taking this additional opportunity to continue to help the children understand how to stay safe online.

It is important that parents and carers feel prepared and confident about what to do if you or your child sees something inappropriate, upsetting or concerning online. Here are some websites with useful information:

[UK Safer Internet](#) The UK Safer Internet has contact details and information for a number of different organisations who can help with any concerns you may have about things you or your child has seen online.

[CEOPS](#) If you are worried about any kind of online abuse or the way that someone has been communicating on-line, you can make a report to one of CEOPS Child Protection advisors.

[NSPCC](#) If you're worried about something a child or young person may have experienced online, you can contact the [NSPCC Helpline](#) for free support and advice. If your child needs more support, they can contact [Childline](#).

How do we keep children safe online in school?

The Department for Education provides schools with statutory guidance about how what schools must do to must do to safeguard and promote the welfare of children and young people under the age of 18. The publication is called 'Keeping Children Safe in Education'. This year's updates include filtering and monitoring standards to keep children safe on-line.

Filtering systems: block access to harmful sites and content. Monitoring systems: identify when a user accesses or searches for certain types of harmful content on school devices (it doesn't stop someone accessing it). School is then alerted to any concerning content so you can intervene and respond.

Schools now need to:

- identify and assign roles and responsibilities to manage filtering and monitoring systems
- review filtering and monitoring provision at least annually
- block harmful and inappropriate content without unreasonably impacting teaching and learning
- have effective monitoring strategies in place that meet their safeguarding needs

At Emsay CE Primary School, the person with responsibility for filtering and monitoring is Tim Whitehead. The governor with responsibility for filtering and monitoring is Chris Atherton. The monitoring and filtering system is Smoothwall. Smoothwall provides reports and daily email updates to let school know if there have been any searches for concerning content by anyone using our school lap tops and i-pads.



Spring Term 2024

There will be other dates that will be added to the diary as the term progresses, please keep an eye on emails and Newsletters.

Spring Term Dates

Friday 2nd February—Touch Rugby at Sandylands—Y6

Friday 2nd February—Valentine Disco - details tbc (PTA event)

Monday 5th February—Young Voices

Wednesday 7th February—Reception / Year 1 / Year 2— Chinese New Year celebrations

Thursday 8th February—Year 2 Open Classroom—2.40pm

Thursday 8th February—Year 1—The Great Fire of London Outdoor Learning

Tuesday 6th February— Safer Internet Day

Friday 9th February—Last day of the first half term

Monday 19th February—First Day of Spring 2 half term

Tuesday 20th February—Swimming Starts—Year 3

Thursday 7th March—World Book Day

Thursday 14th March—Crucial Crew—Y6

Friday 15th March—Y3 / Y4—Sports Trilogy—Sandylands

Friday 15th March – Easter Eggstravaganza (PTA event)

W/B 18th March—Parent Consultations—Days TBC

Friday March 22nd—End of Spring Term

Friday 28th June – Summer Fayre (PTA event)



Stars of the Week...



Reception	<i>Respect Award — Harry B</i> <i>Achievement Award — Eva / Noah</i>
Year 1	<i>Respect Award — Ellie</i> <i>Achievement Award — Ruby / Wilf</i>
Year 2	<i>Respect Award - Frankie</i> <i>Achievement Award — Primrose / Arthur</i>
Year 3	<i>Respect Award — Logan</i> <i>Achievement Award — Kayden / Freddie</i>
Year 4	<i>Respect Award — Jude</i> <i>Achievement Award — Emmie / Bronte</i>
Year 5	<i>Respect Award — Ava</i> <i>Achievement Award — Adarsh / Ellie A</i>
Year 6	<i>Respect Award — Arthur</i> <i>Achievement Award — Ollie</i>

Extra Curricular Clubs this week

Monday	
Tuesday	Taekwondo—3.20– 4.20pm
Wednesday	Young Voices 3.20-4.30pm Coding Club—3.20-4.30pm
Thursday	Kanga KS1 —3.20-4.20 Rugby KS2— 3.20-4.30pm



Our end of half term newsletter will be
Friday 9th February 2024



Valentine DISCO

WITH DJ SAM!

XO
XO

FRI 2ND FEBRUARY

KEY STAGE 1
5:30-6:30PM

KEY STAGE 2
6:45-8PM



£4

EMBSAY SCHOOL HALL

Tickets includes drink, snack and sweets.

Payment
via
parentpay.

Parents must remain on site. Parents can be responsible for more than one child.

Refreshments for parents available for a donation.





FEBRUARY HALF TERM CAMPS 2024

Awarded LTA UK Club of the Year | Reception - Age 12



FEB MON **12** TUES **13** WED **14** THUR **15** FRI **16**

DROP OFF
FROM 8.30AM
FREE

9.00AM - 3.30PM
TENNIS, FOOTBALL or MULTI-SPORTS
£25/day

3.30PM - 5.00PM
WIND DOWN MOVIE CLUB
£5/day



SCAN TO BOOK



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Grass Fields | 4G All-Weather Pitch | Sports Hall

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SKIPTON TENNIS CENTRE

07875 643780

info@skiptontennis.com

www.skiptontennis.com





Autism Awareness Workshop For Parents & Carers 15th February -Settle

THE AIM OF THIS WORKSHOP IS TO PROVIDE PARENTS AND CARERS WITH UNDERPINNING KNOWLEDGE AND UNDERSTANDING OF THE AUTISTIC SPECTRUM DISORDERS/CONDITIONS, IN ORDER TO SUPPORT THEIR CHILD/YOUNG PERSON PRE OR POST DIAGNOSIS.

THE WORKSHOP WILL TAKE PLACE ON:

THURSDAY 15TH FEBRUARY 2024, 6:30-7:30PM AT TOWNHEAD SURGERY ,
SETTLE

TO BOOK A PLACE GO TO :

WWW.EVENTBRITE.COM/E/AUTISM-HEALTH-TALK-FOR-PARENTS-AND-CARERS-TICKETS-757622287657

FOR MORE INFORMATION PLEASE EMAIL HELEN.WALKER84@NHS.NET OR
SHAMEEM.KOSER@NHS.NET



Embsay Cricket Club

Welcomes New Junior Cricketers
For School Years 5 to 8 (inclusive)

Weekly Training Starts

Monday 26th February to 29th April

6.30 - 7.30pm at Ermysted's Grammar School

No kit required - just wear sports clothes
and bring a drink!

Come along or, for more information, contact:

Duncan Bullough

Email: d.bullough@bullough.co.uk

Mob: 07960 408178





FEBRUARY HALF TERM HOLIDAY CAMPS

Skipton

MONDAY 12TH - WEDNESDAY
14TH FEBRUARY

Keighley

THURSDAY 15TH - FRIDAY
16TH FEBRUARY

10AM - 3PM

BOOK ONLINE

WWW.SOCCERHUB.ORG.UK

EARLY DROP AND
LATE PICK UP NOW
AVAILABLE, PLEASE
SEE WEBSITE FOR
MORE INFO

