



**Embsay  
School**

# Embsay Echo

**Spring Term 2024**

**Friday 19th January**

## LIFE IN ALL ITS FULLNESS

Dear Parents / Carers

It has been another busy and productive week in school with the added excitement of snow and ice. Fortunately, there wasn't enough snow to cause too much disruption and we were able to keep school safe and open. A reminder that if school were to close due to weather conditions, we would share this with you via email and on the school website as soon as possible once a member of staff has been able to assess the school site.

The third Monday in January has been nicknamed Blue Monday (incidentally, it's also the name of an excellent record by New Order, whom I was lucky enough to see live back in their heyday!), because it's the day when the financial pressure of the Christmas just passed hangs over us most, the weather is at its worst, and the extra pounds we've acquired over the holiday season are proving harder to shift than we anticipated....**BUT** we are now past that landmark date and on the slide into February. My antidote to this thinking is to take some time for yourself and get outside! Whatever is going on in the busyness of life and the world around us, let us look forward to the year ahead with hope and anticipation!

Have a fantastic weekend ahead!

Mr T. Whitehead

Interim Executive  
Headteacher



## Useful information for parents and carers



Children's Learning Disability Team – Craven

### Desensitisation Workshop

for parents and carers of children with additional needs living in Craven.

How to support your child through anxiety provoking situations.

With a focus on preparing for vaccinations.



**Thursday 25<sup>th</sup> January**  
**1000-1100**

@ Skipton Children and Families Hub, Brougham Street, Skipton, BD23 2ES or via Microsoft Teams

Book your place today! call: 01274 221 203 or email: [ChildrensLearningDisabilities@bdct.nhs.uk](mailto:ChildrensLearningDisabilities@bdct.nhs.uk)



# GROW a pound!

Year 6 will soon be taking part in a 'Grow a Pound' project in order to raise funds for a trip to Liverpool in early April.

The children will be given one pound coin each, which they will then have to try and 'grow' into more pounds by way of entrepreneurial expertise.

Through the development of a business plan, the children will work either individually, in pairs or in small groups, to create a money-earning business which will see their one pound grow into well-earned cash!

The simpler the idea, the most effective - and easy to implement.

They will be learning more about this in class next week, when they will also come up with their business plans and receive their first pound coin!

Please contact Miss Sanderson if you have any queries.

**Liverpool here we come!**

## Pancake Day Fun!

Mr Whitehead would like to start a new tradition at Embsay. He will be making pancakes with all children in school on Friday 23rd February. Unfortunately, Pancake Day falls during half term.

If you are able to donate ingredients, please send an email to the office by Monday 19th February to let us know what you will be bringing in on Friday 23rd February. This will help us keep a track of what we need more or less of.

**Suggested donations—** eggs, flour, milk, butter, oil.

**Toppings—** sugar, honey, syrup, lemons, lemon juice, bananas, strawberries or other suitable fresh fruit.

**A reminder we are a nut aware school and products containing nuts will not be used.**







# Spring Term 2024

*There will be other dates that will be added to the diary as the term progresses, please keep an eye on emails and Newsletters.*

## Spring Term Dates

**Friday 2nd February**—Touch Rugby at Sandylands—Y6

**Friday 2nd February**—Valentine Disco - see attached poster (PTA event)

**Monday 5th February**—Young Voices

**Wednesday 7th February**—Reception / Year 1 / Year 2— Chinese New Year celebrations

**Thursday 8th February**—Year 2 Open Classroom—2.40pm

**Tuesday 6th February**— Safer Internet Day

**Friday 9th February**—Last day of the first half term

**Monday 19th February**—First Day of Spring 2 half term

**Tuesday 20th February**—Swimming Starts—Year 3

**Thursday 7th March**—World Book Day

**Thursday 14th March**—Crucial Crew—Y6

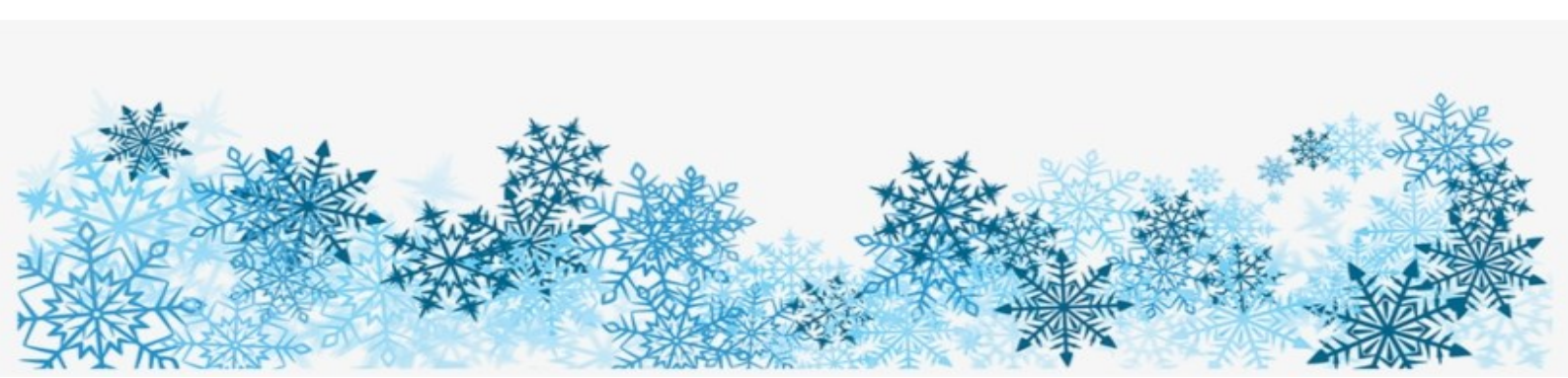
**Friday 15th March**—Y3 / Y4—Sports Trilogy—Sandylands

**Friday 15<sup>th</sup> March** – Easter Eggstravaganza (PTA event)

**W/B 18th March**—Parent Consultations—Days TBC

**Friday March 22nd**—End of Spring Term

**Friday 28<sup>th</sup> June** – Summer Fayre (PTA event)



# Stars of the Week...



<b>Reception</b>	<i>Respect Award — Archie</i> <i>Achievement Award — Nicole / Arthur</i>
<b>Year 1</b>	<i>Respect Award — Edward</i> <i>Achievement Award — Charlie / Maeve</i>
<b>Year 2</b>	<i>Respect Award - Tilda</i> <i>Achievement Award — Ava / Kamran</i>
<b>Year 3</b>	<i>Respect Award — Beatrice</i> <i>Achievement Award — James / Daisy</i>
<b>Year 4</b>	<i>Respect Award — Jane</i> <i>Achievement Award — Jack / Rupert</i>
<b>Year 5</b>	<i>Respect Award — Ellie</i> <i>Achievement Award — Reuben / Poppy</i>
<b>Year 6</b>	<i>Respect Award — Matthew</i> <i>Achievement Award — Imogen</i>

## Extra Curricular Clubs this week

Monday	
Tuesday	Taekwondo—3.20– 4.20pm
Wednesday	Young Voices 3.20-4.30pm Coding Club—3.20-4.30pm
Thursday	Kanga KS1 —3.20-4.20 Rugby KS2— 3.20-4.30pm



Our end of half term newsletter will be  
Friday 9th February 2024





# Valentine DISCO

WITH DJ SAM!

FRI 2ND FEBRUARY

KEY STAGE 1  
5:30-6:30PM

KEY STAGE 2  
6:45-8PM

£4

EMBSAY SCHOOL HALL

Tickets includes drink, snack and sweets.

Parents must remain on site. Parents can be responsible for more than one child.

Refreshments for parents available for a donation.

Payment  
via  
parentpay

XO  
XO



# Autism Awareness Workshop For Parents & Carers 15th February -Settle

THE AIM OF THIS WORKSHOP IS TO PROVIDE PARENTS AND CARERS WITH UNDERPINNING KNOWLEDGE AND UNDERSTANDING OF THE AUTISTIC SPECTRUM DISORDERS/CONDITIONS, IN ORDER TO SUPPORT THEIR CHILD/YOUNG PERSON PRE OR POST DIAGNOSIS.

THE WORKSHOP WILL TAKE PLACE ON:  
THURSDAY 15TH FEBRUARY 2024, 6:30-7:30PM AT TOWNHEAD SURGERY ,  
SETTLE

TO BOOK A PLACE GO TO :  
[WWW.EVENTBRITE.COM/E/AUTISM-HEALTH-TALK-FOR-PARENTS-AND-CARERS-TICKETS-757622287657](http://WWW.EVENTBRITE.COM/E/AUTISM-HEALTH-TALK-FOR-PARENTS-AND-CARERS-TICKETS-757622287657)

FOR MORE INFORMATION PLEASE EMAIL [HELEN.WALKER84@NHS.NET](mailto:HELEN.WALKER84@NHS.NET) OR  
[SHAMEEM.KOSER@NHS.NET](mailto:SHAMEEM.KOSER@NHS.NET)



# Autism Awareness Workshop For Parents & Carers 18th January Skipton

THE AIM OF THIS WORKSHOP IS TO PROVIDE PARENTS AND CARERS WITH UNDERPINNING KNOWLEDGE AND UNDERSTANDING OF THE AUTISTIC SPECTRUM DISORDERS/CONDITIONS, IN ORDER TO SUPPORT THEIR CHILD/YOUNG PERSON PRE OR POST DIAGNOSIS.

THE WORKSHOP WILL TAKE PLACE ON:  
THURSDAY 18TH JANUARY 2024, 09:30 AT DYNELEY HOUSE SURGERY,  
NEWMARKET STREET SKIPTON.

TO BOOK A PLACE GO TO :  
[WWW.EVENTBRITE.COM/E/AUTISM-HEALTH-TALK-FOR-PARENTS-AND-CARERS-TICKETS-757622287657](http://WWW.EVENTBRITE.COM/E/AUTISM-HEALTH-TALK-FOR-PARENTS-AND-CARERS-TICKETS-757622287657)

FOR MORE INFORMATION PLEASE EMAIL [HELEN.WALKER84@NHS.NET](mailto:HELEN.WALKER84@NHS.NET) OR  
[SHAMEEM.KOSER@NHS.NET](mailto:SHAMEEM.KOSER@NHS.NET)





# Embsay Cricket Club

Welcomes New Junior Cricketers  
For School Years 5 to 8 (inclusive)

Weekly Training Starts

Monday 26th February to 29th April

6.30 - 7.30pm at Ermysted's Grammar School

No kit required - just wear sports clothes  
and bring a drink!

Come along or, for more information, contact:

Duncan Bullough

Email: [d.bullough@bullough.co.uk](mailto:d.bullough@bullough.co.uk)

Mob: 07960 408178



# Happier January 2024



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 Find three things to look forward to this year

2 Make time today to do something kind for yourself

3 Do a kind act for someone else to help brighten their day

4 Write a list of things you feel grateful for and why

5 Look for the good in others and notice their strengths

6 Take five minutes to sit still and just breathe

7 Learn something new and share it with others

8 Say positive things to the people you meet today

9 Get moving. Do something active (ideally outdoors)

10 Thank someone you're grateful to and tell them why

11 Switch off all your tech at least an hour before bedtime

12 Connect with someone near you - share a smile or chat

13 Take a different route today and see what you notice

14 Eat healthy food which really nourishes you today

15 Get outside and notice five things that are beautiful

16 Contribute positively to your local community

17 Be gentle with yourself when you make mistakes

18 Get back in contact with an old friend

19 Focus on what's good, even if today feels tough

20 Go to bed in good time and allow yourself to recharge

21 Try out something new to get out of your comfort zone

22 Plan something fun and invite others to join you

23 Put away digital devices and focus on being in the moment

24 Take a small step towards an important goal

25 Decide to lift people up rather than put them down

26 Choose one of your strengths and find a way to use it today

27 Challenge your negative thoughts and look for the upside

28 Ask other people about things they've enjoyed recently

29 Say hello to a neighbour and get to know them better

30 See how many people you can smile at today

31 Write down your hopes or plans for the future



ACTION FOR HAPPINESS

Happier • Kinder • Together