



**Embsay
School**

Embsay Echo

Summer Term 2024

Friday 19th April

LIFE IN ALL ITS FULLNESS

Dear Parents / Carers

The first week of the summer term has certainly got off to a flying start. Year Two had a great time visiting Malham this week and the weather was also kind to them. Year Six looked like they also had an amazing time on their trip to Liverpool. Thank you so much for your contributions to the 'Grow a Pound' initiative which enabled this trip to take place. Please see below for further details and pictures.

Have a lovely weekend ahead!

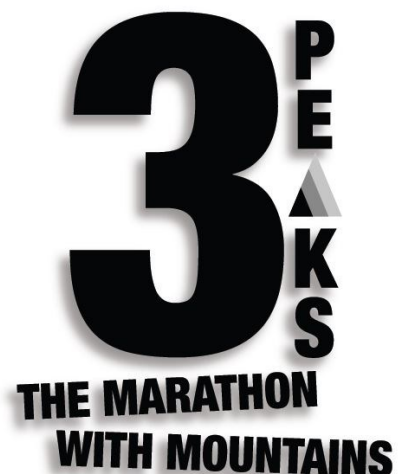
Mr T. Whitehead

Interim Executive Headteacher

Three Peaks Fell Race—Saturday 27th April 2024

Mr Whitehead will be running the Three Peaks Fell Race on Saturday 27th April 2024 and in doing so raising money for school to purchase new reading books. If you would like to sponsor him, please do so using the following link.

https://www.justgiving.com/crowdfunding/tim-whitehead-5?utm_term=xkNAWxjnQ



Thank You

A BIG thank you to Daisy, Beatrice and Lily who raised £10 for Homeless Not Hopeless.

In their words, “On Saturday, we sold food for the charity at a party. We stayed up ‘til midnight selling shortbread, cupcakes, sausage rolls and Haribos. We hope we make someone a bit happier.”

What a kind thing to do! The money will be put towards the purchase of a new sleeping bag.



A reminder to parents that as the weather starts to improve and jumpers start to be taken off.

They often get misplaced so it is important that they are named so they can be reunited with their owner. Using a biro is fine as long as they are checked regularly after washing! This makes it so much easier, especially for staff lower down the school.



Governor Meetings

For information, Embsay CE VC Primary School governor meetings will take place on the following dates:

9th May 2024—Curriculum Committee Meeting

18th July 2024—Full Governing Board Meeting



Reception Bake Sale

Reception are having a bake sale on **Wednesday 1st May** to raise money for them to take part in two days of **Ready Steady Pedal**. We are asking Reception parents to bring in any cakes, biscuits, buns etc to sell to raise money. We will have stalls either on the playground or in the hall (weather depending) at the end of the day for everyone in the school to buy.

We will be asking for donations but this will be taken via ParentPay.

Any questions, please ask Miss Falkner!



Y4 trips this week

Tuesday- swimming

Wednesday - Craven Museum visit to take part in a 'Romans in Craven workshop', so a packed lunch is required for everyone.

Friday- Sandylands tennis event so PE kit will need to be worn on Friday as well as Thursday



Year Five Cycling

On Friday 26th April, all Y5 children will be taking part in a cycling proficiency day run by Phil Bateman (former Olympic cyclist) from Pro Ride Coaching. It will take place within the school grounds and not on roads. Children need to bring a bike, a helmet and wear suitable clothes and footwear. Spare bikes and helmets are available on request so please do get on touch if this is required!

Bikes can be delivered to school on the morning and will be stored in the school hall. Please ensure that the bike used is in good working order, with two fully functioning brakes.

Skills such as starting, stopping, cornering, riding close to others, overtaking, riding in single file, in pairs, and in small groups are all covered here. The focus then switches to developing bike handling skills by using a series of activity stations where the children tackle different obstacles such as slalom, limbo, and ramps. Finally, the children get their chance to take on their friends in a series of fun races tailored to the age and ability of the group and the space available.

This activity will be funded from some PE funding which we have received this year.

If you have any questions, then please do not hesitate to contact the school office.





GROW *a pound!*

Thank you so much to Year 6, their families and the wider community for being so incredibly supportive of our 'Grow a pound' scheme.

The final figure raised stands at.... *(drum roll please...)*

💰 £1243.33 ✨

This is just amazing, and we couldn't be more proud of our fantastic Year 6s for their wonderful efforts. The monies raised covered their trip to Liverpool in its entirety and any monies left over, will contribute to the children's end of year trip – to be confirmed.



Thank you all so much. We couldn't have done it without you... 😊

Year 6 Liverpool Trip



Year 6 had a fantastic time visiting Liverpool thanks to their hard work raising money through Grow a Pound. They were brilliant representatives of Emsay and really were a credit to the school. From dressing up as a follower of the Lonely Hearts Club, having a contemplatory moment in 'The White Room', to a rather breezy trip on the Mersey 'Razzle Dazzle', the children had the best time - although I think one of their highlights was spending time in the 'Fab4 Shop'! Well done Year 6, thank you for being amazing, we hope you enjoyed your day!



Our Village and the Environment

Artwork from Reception, Year One, Year Three, Year Four and Year Six will be shown at the below event with the theme of Our Village and the Environment.

**EMBSAY WITH EASTBY
ENVIRONMENTAL
ACTION GROUP**

FAMILY ENVIRONMENT AWARENESS EVENT

20th APRIL 2024

2pm - 4pm

**FREE
ENTRY**

**Embsay
Village Hall**

Free raffle
ticket per family.
5 water butts
to be won!

Fairtrade
refreshments.
Home made
cakes & biscuits.

Find out about
composting
waste management
saving water,
electricity,
and money!

Seed swap.
"Make do & mend"
workshop.
Discover
bee keeping.

Embsay
school children
artwork on display
Come along and
be nature
friendly!



Scan here
for more details

**Silsden Refills will be selling a variety
of items - start saving your bottles for refilling!**

Kildwick Fell Race—Tuesday 21st May

Mr Whitehead is the organiser for the Kildwick Fell race and this year it will take place on **Tuesday the 21st May**. There will be a full set of races open to all children (not just children from our school) aged 6 and over starting from **6.30pm**. I will be sending all parents details and registration forms in book bags and via email over the coming weeks. These need to be filled in and brought to registration at the White Lion on the night. **Registration will open at 5.30pm**. The adult race will start at **7.30pm**, is 3.5 miles and will be fully flagged and marshalled. It would be brilliant if we could get some of our running parents racing. It is a great route and I would be happy to show any prospective parents the race route. Please get in touch if you would like to know further details. The photo below is from near the back of a fell race (High Cup Nick) that I took part in last month. The PTA (Kildwick) will be serving refreshments and any help with this would be appreciated. If you would like to support with marshalling the fell races, then please do get in touch with the school office. Thanks.



Clubs—Summer Term 2024

Taskmaster Challenge KS2

Taskmaster challenge will be led by Mr Dee and will take place on a Monday beginning Monday 22nd April and will run for four weeks. Practical / Physical challenges will be set up and points will be awarded each week. If your child is interested we have some spaces still available!

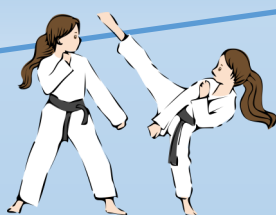
Coding Club

KS2 Coding Club will be happening on Wednesday 1st May, Wednesday 8th May and Wednesday 15th May. Please see the email that was sent out on 18.04.24



KS2 Taekwondo

Charlotte Jewsbury is a 4th Dan black belt and Master in Taekwondo. She is an experienced martial arts instructor and will continue leading a club for KS2 pupils at Embsay. See below poster for further details.



KS2 Fitness Class

Heather Lewis a PT instructor who leads clubs in the local area will be leading a fitness / sport club on the following dates: Weds 24th April, Weds 1st, 8th, 15th and 22nd May. Each class is £4. If you are interested in taking part, there are still some places available.



Kanga—KS1

Next half term Kanga will be running a Multi Sports after school club on a Thursday 3:20pm – 4:20pm for Years 1 and 2.

The club will run every Thursday from **18th April to 23rd May** inclusive and the cost for the 5 sessions will be £12 per child.

Art & Craft Club—KS1

Art and Craft Club will be on the following dates:

Monday 15th April

Monday 29th April

Monday 20th May

An email has been sent to parents about this club





Summer Term 2024

There will be other dates that will be added to the diary as the term progresses, please keep an eye on emails and Newsletters.

Wednesday April 24th—Y4 Craven Museum Trip

Friday April 26th—Y6 / Y4 Tennis event at Sandylands

Friday April 26th—Y5 Cycling training on the playground

Thursday May 2nd—Year 2 Library visit

Friday 3rd May—Y1 / 2 Mini Olympics—Sandylands

W/C 13th May—Y6 SATs week

Tuesday 21st May—Brownlee Foundation Triathlon—Y4

Tuesday 21st May—Kildwick Fell Race

Wednesday 22 May—Class Photos

Friday 24th May—Break up for half term

Friday 28th June – Summer Fayre (PTA event)



Stars of the Week...



Reception	<i>Respect Award - Florence</i> <i>Achievement Award - James / Emmy</i>
Year 1	<i>Respect Award - Arthur</i> <i>Achievement Award - Adam / Monty</i>
Year 2	<i>Respect Award - Kamran</i> <i>Achievement Award - Ava / Holly</i>
Year 3	<i>Respect Award - Kit</i> <i>Achievement Award - Eli / Betty</i>
Year 4	<i>Respect Award - Ever</i> <i>Achievement Award - Robyn / Jane</i>
Year 5	<i>Respect Award - Anna</i> <i>Achievement Award - Noah / Ellie A</i>
Year 6	<i>The whole class received an award for their complete Brilliance on the Liverpool visit! (:</i> <i>Achievement Award - Freya Kindle</i>

Extra Curricular Clubs this week

Monday	Taskmaster challenge KS2
Tuesday	Taekwondo—3.20 pm– 4.20pm
Wednesday	Coding Club —3.20pm—4.30pm Fitness club—KS2
Thursday	Kanga KS1 —3.20pm—4.20pm



Our end of half term newsletter will be
Friday 24th May 2024

Parent and Family Support

Just turn up at 7.30pm.....no need to book and it's free

"People start to heal the moment they feel heard"

SKIPTON

PeerTalk®



Peer Support Group for those living with depression, anxiety or other distress

Facing Depression Together

PeerTalk

Find out more at:

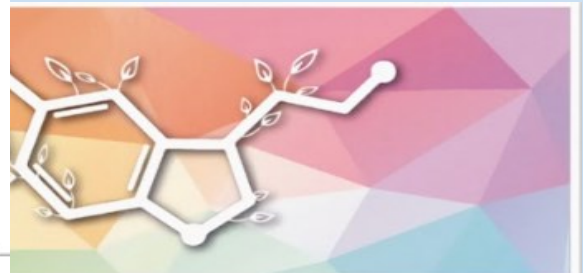
- 07719 562 617
- peertalk.org.uk
- enquiries@peertalk.org.uk
- @peer_talk
- @peertalk1
- peertalkcharity

EVERY MONDAY 7.30^{pm} – 9.00^{pm}

The Hub,
Skipton Town Hall,
High Street,
Skipton, BD23 1AH.



The PeerTalk Charitable Foundation, registered charity no.1169830.



All Things Therapy Centre Ltd.

We are an Inclusive & Neurodiversity affirming therapy centre offering a range of services to all ages and abilities:

- Child, Teen & Adult Counselling and Psychotherapy
 - Play Therapy
 - Family Therapy
 - Couples Therapy
- Neurodiversity Screening
- Autism Assessments (5+)
- ADHD Assessments (8+)
- Cognitive Assessments



www.allthingstherapycentre.co.uk



01756 639053



E safety News—Please take the time to read the online safety Newsletter sent out to parents regularly and have a quick read of the information below. We will add a new poster here each week.



#CHANGETHENORM

Smartphone Free Childhood is a grassroots movement of parents who believe childhood's too short to be spent on a smartphone

We're on a mission to

01.

Bring parents together to start new and positive conversations about the problems of smartphones in childhood

02.

Empower parents to take collective action in their local communities - voluntarily agreeing to delay giving their children smartphones until a certain age

03.

Demonstrate that parents are demanding change at scale, and therefore force the government and tech companies to act

We've been put in an impossible position by the tech companies. It's a lose-lose situation- either allow our children access to something all the evidence tells us is damaging, or say no and risk alienating them among their peers at a crucial stage of their social development. We believe something needs to change, and it starts with all of us.

How you can get involved

Sign up to the Smartphone Free Childhood newsletter. Whether your child already has a smartphone or not, we'll be sharing plans, advice and inspiration here as the movement grows.

smartphonefreechildhood.co.uk/subscribe

Complete the anonymous smartphone survey so we can gather opinions from Embsay School parents and work out the next steps for creating our pact. There is a working group of Embsay parents involved in raising awareness- more info about how to join will follow once the survey closes.

FOLLOW ON INSTAGRAM
[@smartphonefreechildhood](https://www.instagram.com/smartphonefreechildhood)





Wild Explorers

Where nature, fun and adventure collide!

A child-led, fun and nurturing holiday club set in beautiful woodland on the Broughton Estate.

We are an OFSTED registered outdoor holiday club where children can play, enjoy a campfire, woodland crafts, tools and much more!



Price

£30 per child per day
Childcare vouchers accepted

Age

Reception - Age 13

May Half Term

Tuesday 28th - Friday 31st May
AND Monday 3rd June

Birthday parties also available year round - email us for more info



Time

9.30am - 3.30pm

Location

Broughton Hall Estate



hello@wildexplorers.org.uk



www.wildexplorers.org.uk



WELLBEING CAFE

PRIMARY-AGED
SKIPTON

WHAT IS IT?

The wellbeing café is an after-school group for children who would benefit from wellbeing support in a safe & inclusive environment.

Children are invited to attend the wellbeing cafe for a half-term (up to 7 weeks).

Different topics are covered throughout the year including: worries, anger, grief and managing emotions.

Fun activities such as crafts, experiments and exploring the outdoors are planned to ensure that each topic is engaging and accessible.



"EVERYBODY IS HERE TO HELP YOU"

FUN FACTS

Ages 7-11

SELFA, Broughton Rd, Skipton

Tuesdays

3.30pm-5.30pm

SELFA referral needed



yay!



GET IN TOUCH TO FIND
OUT MORE!

01756 533110
admin@selfa.org.uk



Community Sporting Activities

Do you enjoy

running & swimming?

Are you aged 8-18 and thought you might give triathlon a go?

Not sure how to start? Then try the **LBT 2024**

Junior Aquathlon

Sunday the 2nd of June at Leeds University

An aquathlon is a swim followed immediately by a run and the perfect introduction to multi-sport events. The swim takes place in the Edge, a 25m heated indoor pool and the run is on a closed circuit round the university campus with electronic chip timing. This is a great event for all abilities to get involved in the sport from first timers, to athletes who hope to compete for the region. (The race is part of the Yorkshire Junior Triathlon Series). The day is organised by Leeds and Bradford Triathlon Club.



Your age on the 31st December 2024 determines your age-group.

Age Group	Swim Distance	Run Distance
8 years (Tristar Start)	50m swim	600m run (1 lap)
9-10 years (Tristar 1)	150m swim	1200m run (2 laps)
11-12 years (Tristar 2)	250m swim	1800m run (3 laps)
13-14 years (Tristar 3)	400m swim	3000m run (5 laps)
15-16 years (Youth)	400m swim	3000m run (5 laps)
17-18 years (Junior B)	400m swim	3000m run (5 laps)

Prizes are awarded for the first three male and female in each age group.

All finishers receive a Medal and Goody bag.

No previous experience is required only equipment are trainers and a swimming costume!

This event sells out every year weeks so enter quickly!

Event Website Info:-

lbt.org.uk/junior-aquathlon/

or go here to book:-

<http://tinyurl.com/LBTJunior24>

email lbtaquathlon@gmail.com for further information.

**ENTER
ONLINE
NOW**



Pedal in the Park



Spring Sessions Starting Thursday's

18-April thro 23-May 2024

Beginners: 5.00 - 5.45pm

Intermediates: 5.45 - 6.30pm

Advanced: 6.30 - 7.30pm

Sign up on Skipton Cycling Club Website

[WWW.Skipton.CC](http://www.skipton.cc)

Fun Professional Cycling Coaching

AIREVILLE PARK SKIPTON



Children must be able to ride without stabilisers

SUNDAY MORNING SPORTATHON

FREE MULTISPORTS FOR 3-5 YEAR OLDS delivered by Skipton Tennis Centre

Continuing September 2023, sessions are held during term time at 9.30am on Sunday mornings and are **FREE OF CHARGE** for families living in Craven.

FUN Play Tennis and multi-skill activities as a family to encourage healthy, active lifestyles

LEARN New skills and games. Build PE confidence. Improve physical literacy and fundamental movements

WHEN? Each block runs term from September 2023

WHERE? Indoors in Sandylands Sports Hall, Skipton. Free parking available.

OPEN TO ALL FAMILIES ACROSS CRAVEN

"I've seen my child's confidence grow after receiving lots of praise and support when learning new skills. He has developed a better attitude and is now more willing to have a try when he finds an activity challenging. This will definitely help him as he starts school. It's also been lots of fun learning new games together!"

try
learn
play
enjoy

Call, Text or WhatsApp
Andrea at
HomeStart Craven
07903 892108
to book a place



GROUP COACHING PROGRAMME 2023

AWARDED LTA UK CLUB OF THE YEAR

GO TO WWW.SKIPTONTENNIS.COM TO DISCOVER WHICH COACHING SESSION IS BEST FOR YOU!



GROUP COACHING

MINI TENNIS TOTS (3 & 4 YRS)

A great introduction to Tennis and a perfect foundation for any sporting activity

MINI TENNIS (5-11YRS)

A fun way to start learning the sport and get a taste for the game

JUNIOR TENNIS (12 - 16YRS)

Drills, match play, technical and tactical. A great platform to improve as a player

ADULTS TENNIS (17+)

Inclusive, beginners and improvers welcome. A fun and friendly environment

PADEL COACHING (ADULTS & JUNIORS)

Stressbuster, addictive, fun and social, a perfect way to learn the fastest growing sport

New 6 week block starts wc. 11.09.23

FREE

New players can try 2 sessions for free

Contact the club for details

Our Promise: All sessions will be delivered in a fun and friendly environment with LTA qualified coaches, who have full DBS checks and first aid certificates.

BOOK YOUR PLACE ONLINE AT skiptontennis.com

SKIPTON
TENNIS CENTRE

07875 643780

info@skiptontennis.com

www.skiptontennis.com





EMBSAY CofE (VC) PRIMARY SCHOOL TAEKWONDO AFTER SCHOOL CLUB

Hi.. I'm Charlotte, 4th Dan black belt and Master in Taekwondo, I am a mum of 2 primary aged children and run a Taekwondo club in Skipton. I am an experienced Martial Arts instructor, having being practicing Taekwondo most of my life and teaching for 15 years.



Does your child get bored with the usual PE activities? Do they have lots of energy to burn?

Why not move away from the traditional football, rugby, cricket and try Taekwondo? Appealing for both boys & girls alike.

Taekwondo is excellent for fitness, flexibility, confidence, for stress & anger management

This is a complete beginners course and no experience is necessary to come and have a go!

TUESDAYS AFTER SCHOOL - 4.20pm finish

Open to KS2 Classes at Embsay Primary

£5 per session, per person.

Bookable by term.

To book, please email me directly.

Charlotte@striketakwondo.co.uk





Embsay Cricket Club

Welcomes New Junior Cricketers
For School Years 5 to 8 (inclusive)

Weekly Training Starts

Monday 26th February to 29th April

6.30 - 7.30pm at Ermysted's Grammar School

No kit required - just wear sports clothes
and bring a drink!

Come along or, for more information, contact:

Duncan Bullough

Email: d.bullough@bullough.co.uk

Mob: 07960 408178

