



Children's Learning Disability Team Craven

Winter Newsletter 2025

Providing specialist nursing led support to improve health outcomes for Children aged 5-19 with a Learning Disability living in the Craven area

Merry Christmas and a Happy New Year!

To all those celebrating, we hope you have a lovely break over the Christmas period, spending quality time with your family and loved ones. We hope you all come back feeling refreshed and ready for the new year ahead!



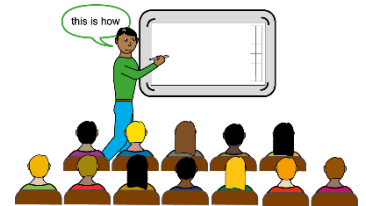
Team Update

Rachael has now joined Charlotte as a Registered Learning Disability Nurse with the team. We hope that we can provide even better support to our children and families because of the additional learning and experience this brings.

Parent / Carer Workshops

Thank you to all the families who accessed our Parent / Carer Workshops this term, we have enjoyed meeting so many of you and hope you found the session helpful!

The workshops offer a concise introduction to our specialist advice and support. They are available to all Parent / Carer's of children with SEND in Craven without requiring a referral to our team. You do not need to be registered with Fisher Medical Practice to attend. Please see overleaf for details of upcoming workshops.



Feedback

In September we received 100% positive feedback, here are some highlights:

Good listener

Very helpful and patient

Kind and responsive

Friendly

We are available Monday to Friday 08:00 to 17:00

Please make contact if you would like any support or advice

Call: 01274 221 203

Email: ChildrensLearningDisabilities@bdct.nhs.uk

X: @BDCFT_CLDT

Instagram: [BDCFT_ChildrensLDTeamCraven](https://www.instagram.com/BDCFT_ChildrensLDTeamCraven)

Facebook: [BDCFT Children's Learning Disability Team – Craven](https://www.facebook.com/BDCFT_ChildrensLearningDisabilityTeam-Craven)



Parent / Carer Workshops

Specialist advice for parents of children with SEND
Delivered by the Children's Learning Disability Team Craven

Toilet Training Support



Almost all children can achieve toilet training, however children with additional needs may take longer and need more support. Receive specialist advice and support to help make this a consistent and positive journey.

12:30 to 14:30

16 January 2026

Preparing for Puberty



Puberty can be a worrying time of change for children with additional needs and their family. We welcome parents of children aged 7 and above to explore strategies to help prepare for these years. Taking some of the stress away from these first steps towards adulthood.

12:30 to 14:30

20 February 2026

Accessing Health Services



Essential advice and information for children and young people with Learning Disability, including:

- Annual Health Checks and the importance of accessing them
- What to expect during the transition to Adult Health Services
- Hospital Passports and how to develop yours
- How to support children with any medical procedures they may find anxiety provoking (including injections)

12:30 to 14:30

20 March 2026

**Fisher Medical Centre, Community Hub Room,
Millfields, Coach Street, Skipton, BD23 1EU**



If you cannot attend in person, a virtual option will be available.

Book your place today! email: ChildrensLearningDisabilities@bdct.nhs.uk